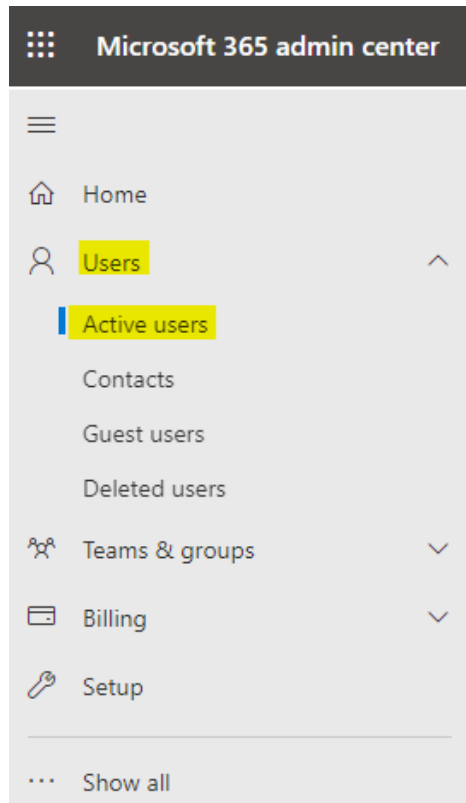


# Enable legacy authentication for Office 365 account


Use the Microsoft 365 admin center to enable or disable SMTP AUTH on specific mailboxes

1. Open the [Microsoft 365 admin center](#) and go to **Users > Active users**.



2. Select the user, and in the flyout that appears, click **Mail**.

3. In the **Email apps** section, click **Manage email apps**.



[Reset password](#) [Block sign-in](#) [Delete user](#)

[Change photo](#)

Account

Devices

Licenses and apps

**Mail**

OneDrive

Mailbox storage

3.95% (1.974GB/50GB)

[Learn more about mailbox storage quotas](#)

Mailbox permissions

[Read and manage permissions \(0\)](#)

[Send as permissions \(0\)](#)

[Send on behalf of permissions \(0\)](#)

Show in global address list

Yes

[Manage global address list visibility](#)

Automatic replies

Off

[Manage automatic replies](#)

Email apps

Other email apps allowed

**Manage email apps**

Email forwarding

None

[Manage email forwarding](#)

More actions

[Convert to shared mailbox](#)

[Edit Exchange properties](#)

4. Verify the **Authenticated SMTP** setting: unchecked = disabled, checked = enabled.



## Manage email apps

Choose the apps where IT Backend can access Microsoft 365 email.

- ☒ Outlook on the web
- ☒ Outlook desktop (MAPI)
- ☒ Exchange web services
- ☒ Mobile (Exchange ActiveSync)
- ☒ IMAP
- ☒ Pop
- ☐ Authenticated SMTP

5. When you're finished, click **Save changes**

\* Created using <https://learn.microsoft.com/en-us/exchange/clients-and-mobile-in-exchange-online/authenticated-client-smtp-submission>